

**Ms. Ugyen Tshomo**

Assistant Professor, Paro College of Education, Royal University of Bhutan

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Phone: 17117484

[https://www.pce.edu.bt/?page\\_id=3535&lang=en](https://www.pce.edu.bt/?page_id=3535&lang=en)

<https://www.researchgate.net/profile/Ugyen-Tshomo-2>

[http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3\\_qVpkTkIi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c](http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3_qVpkTkIi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c)

<https://www.youtube.com/watch?v=E-dtSUae1J0>

**Summary:**

- Ugyen Tshomo is an education professional with a strong dedication to the field. Her primary goal is to promote excellence and inclusivity in teaching and research within the realm of education and SRHR.
- Ugyen places a high emphasis on quality, timeliness, and creativity, actively encouraging the integration of cross-cultural and multicultural perspectives into educational curricula.
- Ugyen collaborates with Civil Society, Monastic Bodies, Local Communities, and UNFPA to spearhead practice-informed research initiatives within the realm of education.
- The contributions made by Ugyen extend well beyond the confines of the classroom. She has an extensive publication record in journals, has authored books, and has been actively involved in curriculum development projects.
- She has exhibited strong leadership and management skills in her supervision of Masters of Education students and their respective projects.
- To ensure continuous professional growth, Ugyen has actively engaged in a multitude of workshops, seminars, and professional learning activities at both national and international levels.
- Her commitment to education is also manifested in her authorship of seven books to date in inclusive education with ongoing work on further illustrated children's books.
- Ugyen is passionate about fighting for the SRHR rights of women and girls and removing Gender-Based Violence from society.

**Academic qualification and professional qualification details**

**2007:** Master in Education from the University of Newcastle, Australia.

[Units: Language Testing in TESOL, Productive Teacher Learning, Poetry in Action, Structure of English, English for Special Purpose, Supervision & Mentoring, Creative Nonfiction, Foundation of Linguistics]

**1998:** Post Graduate Course in Teaching - Samtse, Bhutan

[Units: Understanding the Learner, Teaching Skills, Learning Process, Curriculum, Bhutanese Education System, Evaluation & Measurement, English Literature and Language, History]

**1996:** BA in English Honors - Sherubtse College, Bhutan

**1992:** Completed ISC Arts - St. Xavier School, Pakyong, Sikkim

## **Employment history**

January 2008 – Present: Assistant Professor, Paro College of Education, Royal University of Bhutan.

### **Key roles and achievements:**

**Assistant Professor (2008-present):** Ugyen Tshomo has served as an Assistant Professor at Paro College of Education since 2008, contributing to the academic and professional development of students in the field of education.

- Written modules for Master in English.
- Written modules for Bachelor in Education.
- Teach English, Professional, and Comprehensive Sexuality Education
- UNFPA Focal and Gender Expert

### **Programme Leader , M.Ed (English) (2024 onwards)**

- **Academic Oversight:** Oversee the design, development, and quality assurance of the M.Ed (English) curriculum, ensuring alignment with contemporary educational standards and student needs.

- **Student Guidance:** Provide academic and career counseling to students, fostering their academic growth and professional development.

- **Administrative Coordination:** Serve as the primary liaison between faculty, students, and university administration, facilitating effective communication and smooth program operations.

- **Faculty Development:** Lead the professional development of teaching staff, promoting innovative teaching practices and continuous improvement.

- **Research and Scholarship:** Encourage and support research activities among faculty and students, enhancing the academic reputation of the program.

- **External Engagement:** Establish partnerships with educational institutions and organizations, enriching the program through collaborative opportunities and practical experiences.

### **Project Manager for UNFPA ,Royal University of Bhutan ( 2017 onwards)**

- **Curriculum Development:** Developed online Comprehensive Sexuality Education (CSE) courses for teachers in both English and Dzongkha, ensuring accessibility and cultural relevance.

- **Resource Creation:** Produced the second edition of the Comprehensive Sexuality Facilitator's Guide Book, enhancing instructional resources for educators.

- **Policy Drafting:** Drafted the Prevention of Sexual Exploitation, Abuse, and Harassment (PSEAH) guidelines for Paro College of Education and Royal University of Bhutan, establishing clear protocols and safeguarding measures.

- **Multimedia Design:** Designed an online PSEAH educational video, integrating visual aids to support awareness and training.

- **Stakeholder Collaboration:** Worked with various stakeholders to bolster CSE programs across Bhutan, fostering a collaborative approach to comprehensive sexuality education.

- **Training Development:** Developed comprehensive training packages on CSE and case management, equipping educators and professionals with essential skills and knowledge.

**Member, Program Board of Examiner, M.Ed (English) (2023-present):** Currently, Ugyen Tshomo is a member of the Program Board of Examiner for the Master of Education program with a specialization in English, contributing to the academic oversight and quality assurance of the program.

**Focal for PCE and Kharchu Dratsang Monastic Body at Bumthang (2022-present):** Ugyen Tshomo plays a pivotal role as the focal person for the partnership between Paro College of

Education and the Kharchu Dratsang Monastic Body in Bumthang, fostering collaboration and mutual benefit between the institutions.

- Developed English for Communication curriculum for monks at Kharchu Dratsang.

**Head of the Department (English) (2009-2011):** Ugyen Tshomo assumed the role of Head of the Department for English at Paro College of Education from 2009 to 2011,

- providing leadership and guidance to the departmental staff and overseeing academic activities.
- Developed program for a Bachelor of education in English.

**Staff Secretary (2009-2011):** During her tenure as Staff Secretary at Paro College of Education, Ugyen Tshomo efficiently managed administrative tasks and facilitated communication among staff members, contributing to the smooth functioning of the institution.

**Member, Program Board of Examiner (2009-2012):** Ugyen Tshomo served as a member of the Program Board of Examiner for the Bachelor of Education program at Paro College of Education, participating in the evaluation and assessment of academic programs.

**Focal Person, Environmental Studies (2010-2012):** In her role as the Focal Person for Environmental Studies, Ugyen Tshomo collaborated with the Royal Society for Protection of Nature (RSPN)

- to promote environmental education initiatives within the college and the broader community.
- Developed Environmental module for Bachelor of Education.

**Professional Development Initiatives:** Ugyen Tshomo has actively participated in various professional development workshops, seminars, and training programs, enhancing her skills and knowledge in education and related fields. These initiatives contribute to her effectiveness as an educator and academic leader.

## Research Outputs and Publications

Gyamtsho, D. C., & Tshomo, U. (2024). *Understanding academics' psychological wellbeing* (working draft).

Jigyel, K., Lhendup, K., & Tshomo, U. (2024). *Situational analysis of out-of-school children with disabilities and at risk of dropping out in two public schools in the capital city of Bhutan*. BJRD, Royal University of Bhutan, 14(1), Autumn, 2024. Manuscript submitted.

Tshomo, U. (2024). *Culture and development: Challenges and prospects*. In *Proceedings of the Second Rigter Conference: Culture, Values, Sexuality, and Development: An Interwoven Narrative* (pp. 76-87). Norbuling Rigter College. ISBN 978-99980-796-0-1.

Sherab, K., Tshomo, U., Gyamtsho, D.C., & Thinley, J. (2021). Technological, pedagogical and subject content knowledge (TPACK) profile of final year pre-service teachers at Paro College of Education, Royal University of Bhutan. In Maria A. Impedova, Saifuddin K, Kinley, K., Margaret C.K. Yok (eds.), *Blended Learning Higher Education*, Albourg Press, Norway.

Tshomo, D., Tshomo, U., Dorji, K., Gurung, H. M. ., & Sherab, K. (2021). Influence of Family Values on Sexual Behaviour: A Qualitative Study of the Perceptions of Pre-Service Student Teachers. *Advances in Social Sciences Research Journal*, 8(9), 460–471. <https://doi.org/10.14738/assrj.89.10767>.

- Tshomo,U.,Sherab,K.,& Howard,J.(2019). Bhutanese trainee teachers knowledge,attitudes and practices about sex and sexual health:exploring the impact of intervention programs.Sex education; sexuality society and learning.Routledge Taylor & Francis group. Austrailia. <http://dx.doi.org/10.1080/14681811.2020.1719480>.
- Tshomo,U., & Wangdi, P. (2019). Contemporary children's literature and Bhutan. *Bhutan & Himalayan Research Center*, Bhutan: College of Language and Cultural Studies.
- Tshomo,U.,Dorji,S., Wangchuk,D., & Tshering, K.(2018). Unplanned pregnancy a case study of pre-service student teachers. *RABSEL. 2 (19)* 103-119. Paro College of Education: CERD.
- Tshomo,U. (2016). Sexual harassment and the Bhutanese culture: Experiences of the pre-service B. Ed student teachers. *RABSEL: The CERD Educational Journal, 17 (2)* 80-95, Paro College of Education: CERD.
- Tshomo,U., & Lhaden. (November 2015 AR). Cultivating Reinforcement in the class. *Journal of Educational Action Research (JEAR)*.1 (1). 24-44 CERD. JEAR. Paro College of Education:CERD.
- Maxwell,T., Gyamtsho,D.,Selden,K.,Wangmo,N.,Lhamo,D.,Tsechu,K.,Choden, T.,Tshomo,U.,& lhamo,N. (2014). Experiences of becoming and being academic women in Bhutan, *Bhutan Journal of Research & Development, 3 (2)* 13-26.). Thimphu: Office of Vice Chancellor. Royal University of Bhutan.

## Books

- Tshomo, U. (2024). *Zan Maker of Yalazhing*. Bhutan Printing Solution. Thimphu.(In press).
- Tshomo, U. (2024). *Duk Duk Lai Drey and Tsek Tsek Lai Drey*. Bhutan Printing Solution, Thimphu. (In press).
- Tshomo,U. & Haq,F Q .(2023). Chungku the little princess. Bhutan Printing Soultion.
- [http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3\\_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c](http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c).
- Tshomo,U. & Haq,F Q .(2023). Listening with eyes. Bhutan Printing Soultion.
- [http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3\\_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c](http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c)
- Tshomo,U. & Haq,F Q .(2023). Yoesel's journey; Finding my voice. Bhutan Printing Soultion.
- [http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3\\_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c](http://www.bbs.bt/news/?p=188761&fbclid=IwAR00xZHJMFsfY7jRfWjMt3_qVpkTkLi6DoQ1DsIK2wSK6IDxIjh8MWEFU0c)
- Tshomo,U. & Haq,F Q .(2023). *Wheels to wings:Raj's journey*. Bhutan Printing Soultion.
- Tshomo,U. & Haq,F Q .(2023). *Deki's story: embracing disability with courage*. Bhutan Printing Soultion.

Tshomo, U. & Haq, F Q .(2023). *A Tale of down syndrome triumph*. Bhutan Printing Souldion.

Tshomo, U. (2013). *Life's tapestry*. Thimphu, Bhutan: Kuensel.

Royal University of Bhutan. (2019). *Comprehensive sexuality book* (2<sup>nd</sup> Ed.). Thimphu: P.T Printing & Publishing House.

Paro College of Education, (2020). *Connecting youths connection stories*. P.T. Press and publishing house.

Paro College of Bhutan. (2021). *Sexual harassment prevention policy*. P.T .Press and publishing house.

Royal University of Bhutan .(2022). *Prevention of Sexual Exploitation, Abuse, Harassment*.

Paro Colle of Education .(2022). *E-Module for Comprehensive Sexuality Education*. Paro College of Bhutan

Paro College of Education . (2023). *Digital Training Package for PSEAH*.

Paro College of Education .(2023). *English Curriculum for Kharchu Dratsang*.

### **Book Chapters**

Samtse College of Education. (2016). *Sexual harassment: a survey with pre-service B.Ed Student-teachers of Paro College of Education*. Book of abstracts. Bhutan : Samtse College of Education.

Department for Curriculum Research and Development., & Department of Information and Media (2014). An introduction to media Studies. A textbook for class XI. *Media and language* p 69-99., Bhutan: Ministry of Education:

Department for Curriculum Research and Development., & Department of Information and Media.(2014). An introduction to media studies. A textbook for Class XII. *Traditional media*, p 21-37. Bhutan : Ministry of Education:

Department for Curriculum Research and Development., & Department of Information and Media.(2014). An introduction to media studies. A textbook for Class XII. *Journalist Code of Ethics and Research Ethics*. p 47-62 .Bhutan: Ministry of Education.

Paro College of Education.(2012) *Gross national happiness through poetry*. Book of Abstracts. ISTE, Bhutan: Paro College of Education.

### **Contribution made to Curriculum Books**

Royal Society for Protection of Nature., & Royal University of Bhutan. (2011). *Environmental Education Module*. Thimphu: RSPN.

Royal Society for Protection of Nature., & Royal University of Bhutan. (2011). *Environmental Education Course Pack*. Thimphu: RSPN.

Curriculum and Professional Support Division. (2005). *Reading & Literature Class XI*. Thimph: Ministry of Education.

Curriculum and Professional Support Division. (2005). *Reading and Literature Class XII*. (2005). Thimphu: Ministry of Education.

### **Grants**

Exploring the Impact of Technology-Facilitated Gender-Based Violence (GBV) in the Academic Sphere. UNFPA.2024 . \$7000

Developing Engaging Educational Materials for Comprehensive Sexuality Education.UNFPA.\$9500

Drama-based pedagogy is a cross-curricular approach to enhance student participation. Annual University Research Grant (AURG.) 2023-2024.Nu125000.

Embracing diversity in Children's Book: Royal University of Bhutan, Grant,2022-2023 Nu 500000.

Understanding Academics' Psychological Wellbeing Case study: College AURG, 2022.Nu 85000. 2022-2023

Educational Innovations for Out of School Children (OOSC) and Children at Risk of Dropping Out (covering Bangladesh, Bhutan, and Nepal), IDRC

Influence of Family Values on Sexual Behaviour: A Qualitative Study of the Perceptions of Pre-Service Student Teachers, Annual University Research Grant(AURG),2021, Nu 120,000

KAP (Knowledge Attitude and Practices) on the sexuality of RUB graduates.UNFPA,2017-2018.\$8000

Comprehensive Sexuality Education, course pack, second edition.UNFPA,2017-2018.Nu 384000  
Adolescent Sexuality and Wellbeing in the 21<sup>st</sup> Century. International seminar. UNFPA. 22<sup>nd</sup> Oct-24<sup>th</sup> Oct,2019.\$10,000.

Unplanned pregnancy a case study of pre-service student teachers.UNFPA,2018.Nu 100000  
Impact study on Distance Education graduates of Paro College of Education. Paro College of Education. 2019.Nu 230,000.

Influence of family values on sexual behaviors: Perspective of pre-service student teachers.AURG.Nu 100000

### **Postgraduate Research Supervision**

#### **Completed:**

- Dawa Gyeltshen (Vice Principal): Gossiping culture in school
  - Supervisor: Dr. Tshering Wangmo
  - Co-Supervisor: Ugyen Tshomo

#### **Completed**

- Sangay Wangdi (Principal): Impact of ECCD graduate students on formal schooling
  - Supervisor: Dr. Som Gurung
  - Co-Supervisor: Ugyen Tshomo
- Sonam Dendup (Vice Principal): Parental involvement in Education
  - Supervisor: Dr. Lungten Wangdi
  - Co-Supervisor: Ugyen Tshomo
- Thinley Gyeltshen (Vice Principal): The Impact of Teachers' Professional Development on their Instructional Practices in Classroom at Primary Level
  - Supervisor: Sonam Dorji
  - Co-Supervisor: Ugyen Tshomo
- Ugyen (Principal): Positive disciplining in Secondary schools in Trashigang Dz
  - Supervisor: Dr. Karma Jigyel
  - Co-Supervisor: Ugyen Tshomo

#### **Completed:**

- Dawa Gyeltshen (Vice Principal): Exploring Reading Strategies used by Teachers of Upper Primary Schools in Mongar
  - Supervisor: Dr. Tshering Wangmo
  - Co-Supervisor: Ugyen Tshomo
- Ten Dorji (Vice principal): Teacher Motivation and Factors Affecting Teachers' Motivation in Primary Schools in Chhukha Dzongkhag
  - Supervisor: Dr. Dorji Wangchuk
  - Co-Supervisor: Ugyen Tshomo
- Sherub Jigme (Vice Principal): Mobile Phone as a Learning Appliance (MPasLA) in Schools of Bhutan
  - Supervisor: Dr. Lungten Wangdi
  - Co-Supervisor: Ugyen Tshomo

### **Membership**

2017 -present: Project Manager, Comprehensive Sexuality Education, UNFPA for Royal University of Bhutan.

2019-present: Volunteer at CSO -Respect Empower Nurture Educate Women (RENEW).

2021-present: member of the Working Board at RENEW.

2021 -present: Focal for PCE-RENEW Partnership.

2023-present: Member, Programme Board of Examiner, M.Ed(English).

2018-2023: Member, Programme Board of Examiner, B.Ed, PCE

2017-present: member of English subject committee, Royal Education Council, Ministry of Education.

2022 -present: Focal for PCE and Kharchu Dratsang Monsatich Body at Bumthang.

2009-2011: Head of the Department(English) at PCE.

2009-2011: Staff Secretary at PCE

2012-2014: Member, Programme Board of Examiner, B.Ed, PCE

2010-2012:Focal Person, Environmental Studies, Royal Society for Protection of Nature (RSPN). Paro

2019-2020 , Member, National Leadership Group for Social Workforce Mapping, National Commission for Women and Children. (NCWC).

### **Seminar Session Chair and Panel Moderator.**

Convener at Comprehensive Sexuality Education seminar, 8<sup>th</sup> – 9<sup>th</sup> August 2014, Paro College of Education.

Convener, *Adolescent Sexuality and Wellbeing in 21<sup>st</sup> Century*. 22<sup>nd</sup> October- 24<sup>th</sup> October, 2019. Paro College of Education.

### **Awards and Scholarships:**

Australia Awards South Asia and Mongolia Regional Alumni Workshop, *Bridging the gender gap and supporting local women leaders*, Regional Alumni Workshop (RAW) 22-24 April, 2024. Thimphu Bhutan.

Australian Leadership Award. (30<sup>th</sup> April-21<sup>st</sup> May 2013), Capacity Building for Leadership in Higher Education in Bhutan, University of New England, Australia

MTCP (20<sup>th</sup> April -15<sup>th</sup> May, 2009). May, English for Effective Communication”, International Language Teacher Training Institute, Lembah Pantai, Kuala Lumpur, Malaysia.

### **Professional Service/Other relevant projects**

9 <sup>th</sup> Sept – 13 <sup>th</sup> Sept	The Student-Centred Classroom: Pathways to Active Learning, PCE /RELO
13 <sup>th</sup> September, 2023	SGBV for <i>Dessups</i> at Gawaling for RENEW
8 <sup>th</sup> -18 <sup>th</sup> July,2023	Translation of CSE/VLE to Dzongkha,PCE /UNFPA
19 <sup>th</sup> -21 <sup>st</sup> July 2023	CSE Training to DSA, YPEER, Student Service officers (RTC,JSW,PCE,Sherubtse,JENEC), for PCE, funded by UNFPA
5 <sup>th</sup> Jan-7 <sup>th</sup> Jan 2023	Drafting of PSEAH for Khesar Gyalpo University of Medical Science of Bhutan (KGUMS)
1 <sup>st</sup> Dec-3 <sup>rd</sup> Dec 2022	Action Research workshop for Principals and Teachers of Dagana District,
1 <sup>st</sup> -3 <sup>rd</sup> Nov,2022	Case Management Training for Student Service Officer of Royal University of Bhutan,funded by UNFPA.
11-13 <sup>th</sup> Nov,2022	Comprehensive Sexuality Education for College of Science and Technology ,funded by UNFPA
26 <sup>th</sup> 27 <sup>th</sup> Nov,2022	Comprehensive Sexuality Education for Gedu College of Business Studies ,Funded by UNFPA
18 <sup>th</sup> December-22 <sup>nd</sup> December 2022	Comprehensive Sexuality Education for Paro College of Edu,Funded by UNFPA
27 <sup>th</sup> Dec- 29 <sup>th</sup> Dec,2021	For Counsellors, TOT in CSE, RENEW
24 <sup>th</sup> Dec-26 <sup>th</sup> Dec 2021	ToT for Principals, Teachers, DEOs ,Ministry of Education.
27 <sup>th</sup> Nov-1 <sup>st</sup> December 2021	Develop Facilitation Guide, CSE for MOE
9/8/21-13/8/21	Sexual Harassment Prevention Guidelines for CROB(Comission for Religious Organisation).
13th June,21 – 17th June,21	Reviewing Life Skill Manual for CROB
10 <sup>th</sup> July,2021-13 <sup>th</sup> July,2021	Development of Outline for Sexual Harassment Prevention Policy for PCE,funded by UNFPA
2 <sup>nd</sup> July-9 <sup>th</sup> July,2021	Writing E-Module/Course for Comprehensive Sexuality Education, PCE,supported by UNFPA
22 <sup>nd</sup> June-25 <sup>th</sup> June,2021	CSE Manual Review Workshop CROB
26 <sup>th</sup> August-7 <sup>th</sup> Sept,2013	Introduction to Teaching and Learning for teacher recruits to teach in Thailand, Ministry of Labour and Human Resources(MoLHR).
14 <sup>th</sup> May,2011	English Curriculum review ,Royal Education Council,Ministry of Education.
1 <sup>st</sup> January -31 <sup>st</sup> January,2009	Diploma Program, English,Sherubtse College.
1 <sup>st</sup> January -31 <sup>st</sup> January,2009	Diploma Program, English,Sherub tse College
2015, July	Comprehensive Sexuality Education Program, Paro College of Education, funded by UNFPA
2015	Action Research for teachers of Shaba Middle Secondary School.
2019, January	Comprehensive Education Program for non-teaching faculty at Paro College Education, PCE, funded by UNFPA



### **Seminars attended**

**1<sup>st</sup> -6<sup>th</sup> June 2024** Reimagining Education from a Gross National Happiness (GNH) Perspective International Symposium.

#### **11th-16th June 2023:**

- Understanding Academics' Psychological Wellbeing- a case study, ISFTE (International Society for Teacher Education), Paro College of Education.
- Analysis of Out of School Children and Youth with Disabilities and at Risk of Dropping Out of Two Public Schools in the Capital City of Bhutan, ISFTE (International Society for Teacher Education), Paro College of Education.

**15th September 2023:** Culture, Values, Sexuality, and Development: An Interwoven Narrative Culture and Development: Challenges and Prospects, Norbuling Rigtar College.

**29th-30th September 2023:** Empowering Youth with Disabilities: Innovative Educational Interventions for Out of School and At-Risk Individuals - A Multi-Institutional Case Study, LIKE International Conference 2023, Katmandu.

**26th-28th April 2018:** Wellness in Education, 7th International Conference on Universal Human Values, King Gyeser Gyelpo University of Medical Sciences, Thimphu

**4th-5th November 2017:** Sexual Harassment and the Bhutanese Culture: Experiences of the Pre-service B. Ed Student Teachers, Combating Sexual Violence for Better Society, Samtse College of Education.

**1st December 2015:** Bhutanese Culture and Tradition and Sexual Harassment, International Seminar on the theme “Let’s Talk about Sex”, Paro College of Education.

**27th-28th June 2014:** Tone in Voice and Happiness, 3rd World Conference of Global Educational Research Association (GERA) on GDP, Gross National, Paro College of Education.

**20th May 2012 - 25th May 2012:** Gross National Happiness through Poetry, 32nd International Society for Teacher Education Seminar (ISFTE), Paro College of Education.

**18th-20th Feb 2001:** Reading Proficiency, NELTA (Nepal English Language Teacher Association), Katmandu, Nepal.

### **Professional Development (National and international)**

2023	Culture of Innovation Workshop- 21st & 22nd December
2023	CoP Community Lead Training Fall 2023 Cohort 5 ( 30 <sup>th</sup> Oct- 6 <sup>th</sup> December 2023),Online Professional English Network (OPEN).
2023	10 <sup>th</sup> -12 <sup>th</sup> October RESPECT workshop
2023	3 <sup>rd</sup> Dec- 7 <sup>th</sup> Dec , Madhya Pradesh , South South Cooperation ( UNFPA)
2022	1 <sup>st</sup> Jan-- Integrating Critical Thinking organized by World Learning(OPEN)
2022	14 <sup>th</sup> Jan -- Bhutan Baccalaureate Curriculum by Druk Gyelo’s Institute
2018	23 <sup>rd</sup> -30 <sup>th</sup> December, Organizes program for RUB Presidents and focal of Comprehensive Sexuality Education, funded by UNFPA from, Sharing of Knowledge Program at Malaysia.
2018	8 <sup>th</sup> July- 15 <sup>th</sup> July, Workshop on Qualitative Research Tools and data analysis, Phuntsholing.
2018	1 <sup>st</sup> May- 5 <sup>th</sup> May, Delhi – Training on Developing User Friendly Training Manuel Tool Kit on Comprehensive Sexuality Education Delhi Seminar
2016	17 <sup>th</sup> January-31 <sup>st</sup> January, UHV At Kanpur (level 3)
2015	18 <sup>th</sup> March- 25 <sup>th</sup> March, 2015 at GCBS on Universal Human Value
2014	1 <sup>st</sup> December-5 <sup>th</sup> December Faculty Research Meet

- 2014 15<sup>th</sup> -16<sup>th</sup> November –Basic Pranik Healing –Deer Park, Thimphu
- 2013 16<sup>th</sup>-22<sup>nd</sup> January Universal Human Values and Professional Ethics Workshop at Kanpur
- 2013 30<sup>th</sup> April-21<sup>st</sup> May, 2013, Capacity Building for Leadership in Higher Education in Bhutan, University of New England, Australia
- 2012 16<sup>th</sup> 20<sup>th</sup> January, Creative Workshop, at Paro College of Education
- 2011 July, attended Life Skill Workshop at Hyderabad
- 2009 20<sup>th</sup> April -15<sup>th</sup> May, English for Effective Communication”, International Language Teacher Training Institute, Lembah Pantai, Kuala Lumpur, Malaysia
- 2007 1<sup>st</sup> January-30<sup>th</sup> January: Evaluator of ICSE English paper and Chief of English (ISC) at Punakha Higher Secondary School
- 2006 1<sup>st</sup>- 16<sup>th</sup> January: Chief Examiner in English (BSCE), Ugyen Academy
- 2006 APR Sub-Regional Workshop on Risk management. Organized by Bhutan Scouts Association in Collaboration with the World Scout bureau/Asia –Pacific Region,(06-10<sup>th</sup> February, Punakha)
- 2006 Resourced a workshop on Leadership Training for Youth organized by Department of Youth & Sports, MOE (17<sup>th</sup> January-2<sup>nd</sup>February Sarpang
- 2005 July 2<sup>nd</sup> - 12<sup>th</sup> July: English Curriculum Orientation Work coordinated by CAPSD at Y.H.S.S
- 2005 July 13<sup>th</sup> -17<sup>th</sup> July: Moderation of class XII English paper coordinated by BBE at Lutenzampa HSS
- 2005 December 21<sup>st</sup>-25<sup>th</sup> December: National Education Assessment in English at KhasadrapchuL SS
- 2005 December 26<sup>th</sup> -30<sup>th</sup> December: Evaluation of I.L.C.S paper
- 2004 Participated in English Curriculum Review Workshop for grade XI- XII from 13<sup>th</sup> September 2004- 21<sup>st</sup> October
- 2004 Facilitated the 1<sup>st</sup> CALT (Course for Assistant leader Training) organized by Department of Youth, Culture & Sports (DYCS), MOE at Khurathang Lower Secondary School, Punakha.
- 2004 Facilitated and assisted in organizing and conducting the first Youth HIV/STD/AIDS, teenage pregnancy and early marriage held at Bajo HSS, Wangdue (29<sup>th</sup> February-6<sup>th</sup> March 2004) conducted by DYCS.
- 2004 December 26<sup>th</sup> -30<sup>th</sup> December: Evaluation of I.L.C.S paper
- 2003 Participated in Strategic review Workshop conducted in August 2003
- 2003 Resourced in Cup Pack Course organized by DYCS at Wangdicholing in February 2003
- 2003 Resourced Advance Scout Unit leader’s Training Course at Damphu lower SS (15<sup>th</sup> -21<sup>st</sup> January).
- 2003 Participated in Life Skill Education manual workshop for Scoutmasters by Save the Children. (28<sup>th</sup> July-1<sup>st</sup> August 2003).
- 2003 Participated in Strategic Planning Workshop (14<sup>th</sup> to 17<sup>th</sup> February
- 2002 Attended Advanced Scout Leader Training Course, Mothitang (06<sup>th</sup> February-12<sup>th</sup> February) 2002.
- 2002 Trained as Adult Leader Trainer in Scouting at Panchmari, India
- 2002 Attended 23<sup>rd</sup> Nippon Jamboree, Osakha, Japan in August.(27<sup>th</sup> July 10<sup>th</sup> August)
- 2001 Served and facilitated as Counselor for Basic Unit leaders training in Chumey, Bumthang (21<sup>st</sup>July -28<sup>th</sup> July).
- 2001 Participated in Himalayan Wood batch course in Mothithang
- 2001 Participated in English language Teaching Course conducted at Khuruthang organized by Department of Education in January.
- 2001 Conducted peer Leader’s training in Trongsa Middle Secondary School.
- 2001 Facilitated Reading Skills in some schools in Trongsa celebrating Reading Week (August).
- 1999 Trained as Basic Unit leader in Basic Unit Leader Training (BULT), organized by YCS in February. (15<sup>th</sup> February -21<sup>st</sup> February 1999) conducted by DYCS in collaboration with Asia pacific Office

### **Other skills and experience**

- Extensive teaching experience spanning various educational levels.
- Proficient in curriculum development and implementation.
- Highly skilled in research supervision and project management.
- Strong leadership and management capabilities demonstrated through various roles.
- Active participation in workshops, seminars, and professional learning activities.
- Commitment to continuous professional development and lifelong learning.
- Authorship of books and publications in reputable journals.
- Involvement in civil society organizations and UNFPA projects.
- Effective communication and interpersonal skills.
- Strong advocacy for comprehensive sexuality education and youth empowerment.
- Contribution to policy development and program implementation in education and social welfare.
- Active involvement in various committees and boards related to education and women's empowerment.
- Experience in seminar session chairing and panel moderation.
- Recipient of prestigious awards and scholarships for leadership and professional development.
- Proficient in both English and Dzongkha languages.

#### **Referee**

Upon request