

## **CURRICULUM VITAE**

Jambay Lhamo

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**Position:** Lecturer, Paro College of Education, Royal University of Bhutan.

### **Academic qualification and professional qualification details:**

**2024** PhD in Education – University of New England (UNE), NSW, Australia.

**2014** Master of Arts, Contemplative Education, Naropa University, Colorado, USA

**2008** Master of Education, Edith Cowan University, Perth Australia

**1998** Bachelor of Education, Samtse College of Education, Samtse, Bhutan

### **Related Teaching Experience:**

**2024 till present:**teaching Primary Science

**2019-2023:** Study leave for PhD study

**2008- 2018:** Taught Bachelor of Education courses; Introduction to Action Research, Teaching Method in Lower Primary, Teaching Methods in the Upper Primary, Skills for Effective Teaching and Teaching Primary Science.

**2016- 2018:** Taught Diploma program in Early Childhood Care and Development (ECCD); Supporting Young Children’s Scientific Thinking and Guiding Responsive and reciprocal Relationship.

**2009-2014** Taught Master of Education course called Dynamics of Change.

**2001- 2006** Science teacher, Dechencholing HSS, Ministry of Education, Thimphu Bhutan

**1998-2001** Biology and Science teacher, Phuentsholing Higher Secondary School, Ministry of Education, Chhukha, Bhutan

### **Workshops/Seminar Resourced (National and international):**

**2024** -Resourced Workshop on Self compassion for International Symposium on Reimagining Education From a Gross National Happiness (GNH) Perspective, June 1- 6, 2024, Paro, Bhutan

**2017** Resourced Action Research workshop for teachers of Kuzhugchen MSS, Thimphu at Kuzhugchen on 8th April.

**2016** Resourced Action Research Training for Mentor Teachers at PCE from 7 July to 10 July.

**2015** Resourced Mentor Teachers Training for Mentor Teachers at PCE, Paro from 3rd July to 8th July.

### **Workshops/Seminars Attended (National and international):**

**2024** International Symposium on Reimagining Education From a Gross National Happiness (GNH) Perspective, June 1- 6, 2024, Paro, Bhutan

**2018** Training of family support executive members on substance use and intervention organized by BNCA at Thimphu from 10 July to 11 July, 2018

**2017** 7th Biennial International Conference on Art in Early Childhood held at Paro College of Education from 15th April – 18th April, 2017

**2017** Universal Human Values Level II Workshop Organized by Royal University of Bhutan at GCBS from 27th March to 3rd April, 2017

- 2015** Universal Human Values Level I Workshop organized by Royal University of Bhutan at GCBS, Phuntsholing from 1st April to 8th April, 2015
- 2014** Training in Early Childhood Education and Module development at the University of New England, Armidale, NSW, Australia from 12th October to 8th November 2014.
- 2013** Participatory Action Research on Gross National Happiness (GNH) consistent classroom pedagogy at Paro College of Education, Royal University of Bhutan.
- 2012** Class 7 Science curriculum review workshop organized by the Ministry of Education, Royal Government of Bhutan at Paro
- 2011** Certificate course on Play and Creativity and School Readiness at BRAC University, Dhaka, Bangladesh from 25th January to 16th February, 2011
- 2011** Writers' workshop for developing science textbooks for Grades 4-6 organized by Ministry of Education, Royal Government of Bhutan
- 2010** Writers' workshop on developing Environmental Science Module for Colleges of Education of the Royal University of Bhutan
- 2010** Consultancy on Science Conceptual Framework at Paro College of Education, Royal University of Bhutan, Bhutan
- 2005** Life Skills education related to ARH at Bajothang, Wangduephodrang from 3rd January to 12th January.
- 2002** Comprehensive School Health Program organized by the Ministry of Education at Punakha.
- 2000** Review workshop to review Grade 7 integrated science textbook organized by the Ministry of Education, at Phuntsholing, Chhukha from 4th Feb to 8th Feb, 2000.

## **Publications**

**Lhamo, J.** (2024). Compassion as a domain of teachers' knowledge: Perceptions and practices of Bhutanese primary science teachers [Unpublished doctoral dissertation] University of New England.

Tshewang, R., & **Lhamo, J.** (2020). Compassionate classroom teaching: Bhutanese teacher educators' perspectives and practice. *Rabsel*, 21(2), 24–40.

**Lhamo, J.**, Miller, J., Wolodko, B., & Marie, A. (2020). Compassion in the Bhutanese Gross National Happiness (GNH) infused classrooms. *Bhutan Journal of Research and Development*, 9(2), 18-42.

Lhendup, K., **Lhamo, J.**, Sherab, K., & Wangdi, L. (2018) Implementing educating for gross national happiness initiative: A case study of a primary school. *Bhutan Journal of Research and Development*, 8(2), 18-29.

**Lhamo, J.** (2018). Contemplative wait time: pausing to cultivate compassion in the classroom. In K. Bynes, J. E. Dalton, & E. H. Dorman (Eds.), *The teaching self: Contemplative practices, pedagogy, and research in education* (pp.49-57). New York, USA: Rowman & Littlefield

**Lhamo, J.** Gayphel, K. Rinchen, S. & Daker, S. (2017). Dynamics of mindfulness for purposeful living. In M. Powietrzynska, & K. Tobin (Eds.), *Weaving complementary knowledge systems and mindfulness to educate a literate citizenry for sustainable and healthy lives* (pp. 79-87). Rotterdam, Netherlands: Sense Publishers.  
[https://link.springer.com/chapter/10.1007/978-94-6351-182-7\\_5](https://link.springer.com/chapter/10.1007/978-94-6351-182-7_5)

Daker, S. **Lhamo, J.** & Rinchen, S. (2016). Meditation: Jewel for reflective teaching. In M. Powietrzynska, & K. Tobin (Eds.), *Mindfulness and educating citizens for everyday life* (pp. 73-88). Rotterdam, Netherlands: Sense Publishers.  
[https://link.springer.com/chapter/10.1007/978-94-6300-570-8\\_5](https://link.springer.com/chapter/10.1007/978-94-6300-570-8_5)

#### **Leadership and Management Experience:**

**2018** Module Coordinator (EDN 207 Teaching Method in Lower primary)

**2017** Team Coordinator (EDN 105 Skills for effective teaching)

**2016** Module coordinator (EDN207 Teaching Method in Lower Primary)

**2002- 2003** Head of science department, Dechencholing LSS, Thimphu.

#### **Seminar Session Chair, Panel Moderator and other Experiences**

**2024** Moderator for workshops, International Symposium on Reimagining Education From a Gross National Happiness (GNH) Perspective, June 1- 6, 2024, Paro, Bhutan

**2018** Research Committee member for PCE

**2017** Moderator, 7th Biennial International Conference on Art in Early Childhood held at Paro college of education

**2013-2018** Science Committee Member for Royal Education Council(REC), Ministry of Education, Royal Government of Bhutan

#### **Module Development**

**2014** *Guiding Responsive and Reciprocal Relationships (EPR203)*: Module for Diploma Program in ECCE, Paro College of Education, Paro.

**2014** *Supporting young children's scientific thinking (EAS204)*: Module for Diploma Programme in ECCE. Paro College of Education, Paro.