

Guidelines for the Submission of Physical Proficiency Test (PPT) and the Documentary Evidences

Candidates to fulfill the Physical Proficiency Test for the Diploma in Physical Education and Sports Coaching (DPESC) Programme, you are required to carry out the following tasks as provided. Please, read the instruction carefully.

1. Videos

Following are the categories of Physical Proficiency Test (PTT) that you need to produce video clips:

- Fundamental Movements Skills : Walking, Jogging and Agility
- Net and Wall Barrier Games : Badminton, Table Tennis and Volleyball
- Invasion Games : Soccer and Basketball

Before making video clips you have to watch the sample videos provided for your further understandings. The video duration should be within 1 to 2 minute each for all the disciplines. You **don't** have to type instructions as seen in the sample videos. You can submit your video records by the folder name of your index number through email.

2. Documentary evidences

Under this part you can submit any kind of certificates that you have acgieved, following are some of the examples;

- Certificates related to Sports
- Certificates related to leadership roles in schools
- Certificates related to voluntary services and co-curricular certificates

If you have the above certificates, you can submit it by the folder name of your index number through email

Note:

Please mention your Name, Student identity card number, Citizen Identity card number and your Contact number clearly in any documents that you sent us.

Send us your videos & other documents through this email: admission.pce@rub.edu.bt on or before 5:00 PM, 25th June 2023.