

## CURRICULUM VITAE

### 1. Personal Details:

1.1	Name	: Karma Nidup
1.2	Surname	: Nil
1.3	Gender	: Male
1.4	Marital Status	: Married
1.5	Employee ID No	: 9501070
1.6	Citizenship ID No	: 11506002362
1.7	Place of Birth	: Kanglung
1.8	Nationality	: Bhutanese
1.9	Religion	: Buddhism
1.10	Date of Birth	: 13 <sup>th</sup> September 1968
1.11	Father's name	: Late Jangchuk
1.12	Mother's name	: Late Norbu Chezom
1.13	Profession	: Teaching
1.14	Date of Joining Service	: 01/01/1995
1.15	Date of Joining College	: 20 <sup>th</sup> August 1998
1.16	Position Level	: ES IIIA
1.17	Position Title	: Assistant Professor
1.18	E-mail	: karmanidup.pce@rub.edu.bt
1.19	Phone	: 17952081
1.20	Permanent Address	Village : Kheyshing Gewog : Lumang District : Trashigang

### 2. Academic qualification and professional qualification details:

2.1.1	2002	M Ed, University of New Brunswick (UNB), Fredericton Canada
2.2	2002	Diploma in University Teaching, UNB, Fredericton Canada
2.3	1995	Post Graduate Certificate in Education, Samtse Bhutan
2.4	1994	BA English Honours, Sherubtse Bhutan

### 3. Teaching Experience:

3.1	1995 to 1996:	Teaching English and History at Rangthangwoong Junior High School, Tsenkharla, Bhutan.
3.2	1996 - 1998:	Teaching English and History at Chukha High School, Tsimalakha Bhutan
3.3	1998 - till date:	Teaching professional studies modules at Paro College of Education, Paro Bhutan.

### 4. Workshops/Seminar Resourced (National and international):

4.1	Facilitated Teaching Methodology Workshop for University Faculties at CNR Lobesa from 27 <sup>th</sup> - 31 <sup>st</sup> December, 2004
4.2	Facilitated Teaching Methodology Workshop for Lamai Gonpa Forestry Institute at CNR Lobesa, December, 2005

- 4.3 Facilitated Teaching Methodology Workshop at Sherubtse College, Kanglung, May 2007
- 4.4 Facilitated Teaching Methodology Workshop for RIHS Faculty members at Paro, June 2008
- 4.5 Facilitated NBIP on Career Education and Counselling for school teachers from 2002 - 2008
- 4.6 Facilitated Para Professional Training in Counselling from April 28<sup>th</sup> - 2<sup>nd</sup> May, 2006 at Zhiwaling, Paro
- 4.7 Facilitated Educating for Gross National Happiness Workshop (GNH) for principals and school administrators from December 2009 to January 2010 at Paro College of Education
- 4.8 Facilitated Mental Health Facilitator Program in collaboration with NBCC International (USA), June 2011 at Thimphu Bhutan
- 4.9 Facilitated Second Bi-Annual Bhutan National Counselling Conference from September 12<sup>th</sup> - 13<sup>th</sup>, 2013 at Thimphu
- 4.10 Facilitated National Seminar on Multigrade Teaching and Learning from November 16<sup>th</sup> - 17<sup>th</sup> 2003 at Paro College of Education
- 4.11 Facilitated Mental Health Facilitator Program in collaboration with NBCC International (USA), July 2017 at Thimphu Bhutan.
- 4.12 Facilitated teaching pedagogy workshop for the employees of Khesar Gyalpo University of Medical Sciences, October 2017 at Paro College of Education.

## **5. Workshops/Seminars Attended (National and international):**

- 5.1 Attended In-country Workshop on Management of Technical and Vocational Training Institutes at RIM Thimphu, from 26<sup>th</sup> - 30<sup>th</sup> January, 1999
- 5.2 Attended 6 weeks Continuous Assessment Attachment Programme at St. F. X. University, Canada, August - September, 1999
- 5.3 Attended Basic Career Education and Counselling Workshop at Phuntsholing MSS, December 1999
- 5.4 Attended Drug Education and Basic Counselling Workshop from 16 - 22 July 2002 at Thimphu
- 5.5 Attended Applied Suicide Intervention Skills Training (ASIST) Workshop at Fredericton, Canada from January 25<sup>th</sup> - 26<sup>th</sup>, 2002
- 5.6 Attended SPEA Workshop from 14<sup>th</sup> - 16<sup>th</sup> December, 2003 at Thimphu
- 5.7 Attended Advance Skill Development Workshop on Career Education and Counselling from 30<sup>th</sup> December to 4<sup>th</sup> January, 2003 at Khuruthang LSS, Punakha
- 5.8 Attended Vocational Assessment Course facilitated by Psytech International Ltd (UK), November 2004 at Paro
- 5.9 Attended a Certificate course on Teaching and Learning at UNE, Armidale, Australia, Spring Semester 2005
- 5.10 Training of Trainers Workshop on Counselling Curriculum Development from 2005 - 2006 at Paro and Samtse
- 5.11 School Counselling Training Programme at the University of New England (UNE) Armidale, Australia, 2005
- 5.12 Attended UNICEF Global Capacity Development Programme on Child Friendly Schools, March 2009 at Kathmandu, Nepal
- 5.13 Attended Training of Trainers Workshop on Educating for Gross National Happiness, November 2009 at Thimphu
- 5.14 Attended Life Skills Training Programme at Hyderabad, India in July 2010
- 5.15 Attended Training of Trainers Workshop on Curriculum Writers of the TEIP Project from 2010 - 2011 at Paro
- 5.16 Attended Mental Health Facilitator Training Program, June 2011 at Thimphu
- 5.17 Attended the First Annual National Counselling Conference at Thimphu from 7<sup>th</sup> - 8<sup>th</sup> February, 2011
- 5.18 Attended MACCP programme at Naropa University, Boulder, Colorado USA, Fall Semester 2012

- 5.19 Attended the Global Educational Research Association Conference at Paro from 27<sup>th</sup> - 28<sup>th</sup> June 2014
- 5.20 Attended Summer School at CNR, Lobesa from 24<sup>th</sup> July - 7<sup>th</sup> August, 2016
- 5.21 Attended a brainstorming session on SJIs long-term education plan from 24<sup>th</sup> - 25<sup>th</sup> April, 2017 at Choki Lodoe Institute, Dewathang.
- 5.22 Attended Research Supervision Skills Training, TERI University, New Delhi, India w.e.f 14<sup>th</sup> – 18<sup>th</sup> May, 2018.

## **6. Publications**

### **6.1 Research Papers in International Referred Journals:**

Nil

### **6.2 Research Papers in National Journals:**

“The practice of mindfulness meditation in education”. Rabsel, Vol XVI, Issue - 1, Spring 2015. p. 91 - 99

### **6.3 Books**

The experiences of early school leavers in Bhutan - A Thesis submitted in partial fulfillment of the requirement for the degree of Master of Education in the graduate academic unit of education at the University of New Brunswick (UNB), Fredericton Canada in April 2002.

### **6.4 Book Chapters**

Wrote book chapters on the Training Manual on Enhancing Mental Health, Counseling and Wellbeing Support for University Students in Bhutan Co-funded by the Erasmus + Programme of the European Union in 2019.

## **7. Leadership and Management Experience:**

- 7.1 PTC & ZTC Course Leader from 2002 - 2003
- 7.2 Head of the Professional Studies Department from 2008 - 2013

## **8. Research Supervision, manuscript review, and Consultancy:**

- 8.1 2013- Reviewed the Multigrade National Seminar Papers for publication by the Ministry of Education

## **9. Seminar Session Chair, Panel Moderator and other Experiences**

- 9.1 2013 Seminar session chair - for National Seminar on Multigrade Teaching and Learning

## **10. Research work in progress:**

- 10.1 “Using contemplative approach to work with emotions” Due to complete in the next semester.

## **11. Awards and Special Achievements:**

Recipient of the Royal Bronze and Silver Medals for the service rendered to the Tsa-Wa-Sum. Recipient of the Lecturer of the Year Award in 2003.

**12. Research Interest**

Contemplative Buddhist Philosophy and Educating for Gross National Happiness.