

CURRICULUM VITAE

Jambay Lhamo
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Position: Lecturer, Paro College of Education, Royal University of Bhutan.

Academic qualification and professional qualification details:

2019 Undergoing PhD study, School of Education, UNE, Armidale, NSW, Australia

2014 Master of Arts, Contemplative Education, Naropa University, Colorado, USA

2008 Master of Education, Edith Cowan University, Perth Australia

1998 Bachelor of Education, Samtse College of Education, Samtse, Bhutan

Related Teaching Experience:

2008- 2018: Taught Bachelor of Education (B.Ed.) course; Introduction to Action Research, Teaching Method in Lower Primary, Teaching Methods in the Upper Primary, Skills for Effective Teaching and Primary Science.

2016- 2018: Taught Diploma program in Early Childhood Care and Development (ECCD); Supporting Young Children's Scientific Thinking and Guiding Responsive and reciprocal Relationship.

2009-2014 Taught Master of Education course called Dynamics of Change.

2001- 2006 Science teacher, Dechencholing HSS, Ministry of Education, Thimphu

Bhutan

1998-2001 Biology and Science teacher, Phuentsholing Higher Secondary School, Ministry of Education, Chhukha, Bhutan

Workshops/Seminar Resourced (National and international):

2017 Resourced Action Research workshop for teachers of Kuzhugchen MSS,
Thimphu at Kuzhugchen on 8th April, 2017

2016 Resourced Action Research Training for Mentor Teachers at PCE from 7 July

to 10 July, 2016
2015 Resourced Mentor Teachers Training for Mentor Teachers at PCE, Paro from
3rd July to 8th July, 2015

Workshops/Seminars Attended (National and international):

- 2018 Training of family support executive members on substance use and intervention organized by BNCA at Thimphu from 10 July to 11 July, 2018
- 2017 7th Biennial International Conference on Art in Early Childhood held at Paro College of Education from 15th April – 18th April, 2017
- 2017 Universal Human Values Level II Workshop Organized by Royal University of Bhutan at GCBS from 27th March to 3rd April, 2017
- 2015 Universal Human Values Level I Workshop organized by Royal University of Bhutan at GCBS, Phuntsholing from 1st April to 8th April, 2015
- 2014 Training in Early Childhood Education and Module development at the University of New England, Armidale, NSW, Australia from 12th October to 8th November 2014.
- 2013 Participatory Action Research on Gross National Happiness (GNH) consistent classroom pedagogy at Paro College of Education, Royal University of Bhutan
- 2012 Class 7 Science curriculum review workshop organized by the Ministry of Education, Royal Government of Bhutan at Paro
- 2011 Certificate course on Play and Creativity and School Readiness at BRAC University, Dhaka, Bangladesh from 25th January to 16th February, 2011
- 2011 Writers' workshop for developing science textbooks for Grades 4-6 organized by Ministry of Education, Royal Government of Bhutan
- 2010 Writers' workshop on developing Environmental Science Module for Colleges of Education of the Royal University of Bhutan
- 2010 Consultancy on Science Conceptual Framework at Paro College of Education, Royal University of Bhutan, Bhutan
- 2005 Life Skills education related to ARH at Bajothang, Wangduephodrang from 3rd January to 12th January, 2005
- 2002 Comprehensive School Health Program organized by the Ministry of Education at Punakha.

2000 Review workshop to review Grade 7 integrated science textbook organized by the Ministry of Education, at Phuntsholing, Chhukha from 4th Feb to 8th Feb,2000.

Publications

Refereed Journals Articles:

2018

Lhendup, K., Lhamo, J., Sherab, K., & Wangdi, L. (2018) Implementing educating for gross national happiness initiative: A case study of a primary school. *Bhutan Journal of Research and Development*, 8(2). 18-29.

Book Chapters

2018

Lhamo, J. (2018). Contemplative wait time: pausing to cultivate compassion in the classroom. In K. Bynes, J. E. Dalton, & E. H. Dorman (Eds.), *The teaching self: Contemplative practices, pedagogy, and research in education* (pp.49-57).New York, USA: Rowman & Littlefield

<https://rowman.com/ISBN/9781475836318/The-Teaching-Self-Contemplative-Practices-Pedagogy-and-Research-in-Educat>

2017

Lhamo, J. Gayphel, K. Rinchen, S. & Daker, S. (2017). Dynamics of mindfulness for purposeful living. In M. Powietrzynska, & K. Tobin (Eds.), *Weaving complementary knowledge systems and mindfulness to educate a literate citizenry for sustainable and healthy lives* (pp. 79-87). Rotterdam, Netherlands: Sense Publishers.

https://link.springer.com/chapter/10.1007/978-94-6351-182-7_5

2016

Daker, S. Lhamo, J. & Rinchen, S. (2016). Meditation: Jewel for reflective teaching. In M. Powietrzynska, & K. Tobin (Eds.), *Mindfulness and educating citizens for everyday life* (pp. 73-88). Rotterdam, Netherlands: Sense Publishers.

https://link.springer.com/chapter/10.1007/978-94-6300-570-8_5

Leadership and Management Experience:

2018 Module Coordinator (EDN 207 Teaching Method in Lower primary)

2017 Team Coordinator (EDN 105 Skills for effective teaching)

2016 Module coordinator (EDN207 Teaching Method in Lower Primary)

2002- 2003 Head of science department

Seminar Session Chair, Panel Moderator and other Experiences

2017 Moderator, 7th Biennial International Conference on Art in Early Childhood held at Paro college of education

2018 Research Committee member for PCE

2013-2018 Science Committee Member for Royal Education Council(REC), Ministry of Education, Royal Government of Bhutan

Module Development

2014 *Guiding Responsive and Reciprocal Relationships (EPR203)*: Module for Diploma Program in ECCE, Paro College of Education, Paro.

2014 *Supporting young children's scientific thinking (EAS204)*: Module for Diploma Programme in ECCE. Paro College of Education, Paro.