

Symposium Programme

Reimagining Education From a Gross National Happiness (GNH) Perspective
International Symposium, June 1- 6, 2024, Paro, Bhutan

Day 1- Saturday 1 st June 2024				
Theme- Registration and Welcome: Setting the Tone				
Objectives and Content				
<ul style="list-style-type: none"> • Introduction to the Symposium and Its Significance • Establish a Welcoming and Inclusive Environment • Highlight Key Themes and Objectives • Set Expectations for Outcomes • Inspire and Motivate Participants • Facilitate Networking and Engagement • Acknowledge and Appreciate Contributions 				
Time	Programme	Who	What	Where/MC
4:30-5:30pm	Registration			Manjushri Hall 1
5:30pm	Opening Ceremony: Marchang			Manjushri Hall 1
5:30-6:30pm	Welcome by the hosts An overview of the Symposium Address by the Vice Chancellor, RUB Book Launch Address by the Chief Guest	Dorji Thinley Kezang Sherab Dasho Nidup Dorji Tho, Luis, & Fry H.E Prime Minister Tshering Tobgay	Ceremony	Tenzin C Lekphel
6:30-8:30pm	Interaction at the Dinner Table: 1. What inspired you to attend this symposium? 2. Can you share a particular challenge or opportunity that you're hoping to engage on through this symposium? 3. What can we do collectively to reimagine education from a GNH perspective and how do you see this symposium contributing to that vision?		Interactive conversation	Centenary Gymnasium Tim Huang
	Special Award Ceremony and Interactive Performance- Presentation		Special award & performance	Alexander Schieffer & Rama Mani
	Welcome Dinner Cultural Programme by the College Students			Centenary Gymnasium
8:30pm	Transportation to the Respective Hotels			

Day 2- Sunday 2 nd June 2024				
Theme- Understanding the Need for a Paradigm Shift in Education				
Coordinator- Yoesel S Choden				
<ul style="list-style-type: none">• Global Perspectives on Education• Understanding the foundational principles of GNH and their implications for holistic education• Rethinking Education: Call for a Paradigm Shift				
Time	Programme	Who	What	Where/ Moderator
6:00-7:45am	Breakfast and Transportation to the College			
8:00-8:45am	Mindfulness Practice Overview of the Day Introduction to the Holo Tracker App	TBD Coordinator Aik	All	Manjushri Hall 1
8:50-9:20am	Keynote 1: Supporting students to learn for their future, rather than for our past	Andreas Schleicher	General Keynote	Manjushri Hall 1 Lungtaen Gyatso
9:25-9:55am	Keynote 2: Integrating Gross National Happiness into education: Shaping a future of well-being	Ha Vinh Tho		
10:00-10:30am-	Health Break- Courtyard			
	Education and the politics of Being	Thomas Legrand		Well-Being Hall Namgyel Wangchuk

10:35-11:05am	Alignments and misalignments in complex school systems: Happiness as an educational value in Bhutan and beyond	Mathew Schuelka & Kezang Sherab	Parallel Keynotes # 1	ISER Library Chimi Dema
	Exploring New Education Paradigms: Mindfulness in Education & Mindfulness as Education	Nimrod Sheinman		Manjushri Hall 1 Noa Jones
11:10-12:00noon	Interactive activity of participants	World café style conversation	Tim Huang	Centenary Gym/ Courtyard
12:00-1:00pm	Lunch- Centenary Gym			
1:05-2:05pm	Understanding the Need for a Paradigm Shift in Education	Rinchen Dorji Tan Sri Razak Kiran B. Sethi Shauli Mukerjee Michael Rutland	Panel # 1 with 1 empty chair	Manjushri Hall 1 Dorji Thinley
2:10-4:10pm	Parallel Workshop # 1 (see end of the programme for details)			
4:10-4:40pm	Health Break- Courtyard			
4:40- 5:40pm	Group gathering and synthesis	Vy Le	Reflection Mosaic	Manjushri Hall 1
5:40-7:30 pm	Movie- The Monk and The Gun	Jamyang Dolma	Q & A with the Director	Manjushri Hall 1
7:45-9:00pm	Dinner- Centenary Gym			
9:00pm	Transportation to Respective Hotels			

Day 3- Monday 3rd June 2024 Theme: GNH Principles and Innovative Educational Practices Coordinator- Tenzin C LekpHEL <ul style="list-style-type: none"> Bhutanese Educational Vision Field trip to experience Bhutanese schools Special sponsor event 				
Time	Programme	Who	What	Where/ Moderator
6:00-7:30am	Breakfast and Transportation to the college			
7:35-7:55am	Mindfulness Practice Overview of the Day	TBD Coordinator	All	
8:00-8:30am	Keynote 3: Small and Vast: Exploring the Impact of GNH Values on Global Education Futures	Dorji Thinley	General Keynote	Manjushri Hall 1 Tshering Eudon
8:35-9:05am	Keynote 4: Measuring the Wellbeing of a Country: Human Capital and Emotional Competencies	Anantha Duraipappah		
9:10-10:10am	GNH Principles and Educational Practices	Thakur S. Powdyel Dawa Deki Choden Edith Favoreu Mark LaPairie	Panel # 2 with 1 empty chair	Manjushri Hall 1 Essie North
10:15-10:30am-	A Quick Health Break- Courtyard			
10:30am-9:00pm	Cultural and School visit to Thimphu – ELC High School, Buddha Point/National Institute of Zorig Chusum/VAST Bhutan			
	Picnic Lunch at the Happiness Farm- Yuesakha, Chunzom			
	Own Dinner			

Day 4- Tuesday 4th June 2024
Theme- Research, Evidence, and Best Practices
Coordinator- Namgyel Wangchuk

- Building a Scientific and Practical Foundation for GNHBE
- Presentations of cutting-edge research on the impact of GNH education on teachers and student well-being and holistic development
- Best Practices in GNH Based Education
- Translating Research into Practice

Time	Programme	Who	What	Where/ Moderator
6:00-7:45 am	Breakfast and Transportation to the College			
8:00-8:20am	Mindfulness practice Overview of the Day	TBD Coordinator	All	
8:25-8:55am	Keynote 5: Contemplative Education: Catalyzing Freedom, Consciousness, and Happiness in a Happytalism Framework	Luis Gallardo	General Keynote	Manjushri Hall 1 Tim Huang
9:00-9:30am	Keynote 6: Can comprehensive empathy assessments provide useful mental health insights in adolescents?	Nandini Chatterjee		
9:30-10:20am	Choosing our Future: Youth Voices	Youth Panel Trisha Chhetri Sheecha Choden Kinley Rabgyal Dorji Shridipta Satpati Nancy Jiang Yuhan Wang Jenny Dai Kinley Bidha Samantha Isobel Shepherd		Manjushri Hall 1 Tim Huang
10:20-10:50am	Health Break- Courtyard			
10:55- 11:25am	The Art and Science of Human Flourishing – An Evidence-Based Course that Supports Student Well-Being and Flourishing	Susan Huber	Parallel Keynotes # 2	Manjushri Hall 1 Shauli Mukherjee
	Mindfulness for vulnerable children.... only?	Russia Ha- Vinh Leuchter		ISER Library Karma Jigyel
	Re-Imagining Education through the One Home UnivEARTHsity	Alexander Schieffer & Rama Mani		Well-Being Hall Kinzang Lhendup
11:30- 12:00noon	Recap of what has been heard and shared so far	Vy Le	Interactive group session	Centenary Gymnasium/ Courtyard
12:00-1:00pm	Lunch- Centenary Gym			
1:00-2:00pm	Building a Scientific and Practical Foundation for GNHBE	Matthew Schuelka Siok Sian Pek Dorji Karma Tenzin Jane Mann Noa Jones	Panel # 3 with 1 empty chair	Manjushri Hall 1 Nick Kind
2:10-4:10pm	Parallel Workshop # 2			
4:10-4:40 pm	Health Break- Courtyard			
4:40-6:40pm	Parallel Workshop # 3			
6:40-7:40pm	Group gathering and synthesis		Namgyel Wangchuk	Reflection Mosaic
8:00-9:30pm	Dinner @ the respective hotels			

Day 5- Wednesday 5 th June 2024				
Theme: The spiritual dimension of Education, an experience of Bhutanese culture				
Coordinator- Kinzang Lhendup				
<ul style="list-style-type: none">Mindfulness and other inner development practices and their importance in Education Visiting Taktshang/ Tigers' Nest and or local monasteries visits, exchange with Lamas				
Time	Programme	Who	What	Where/ Moderator
6:00-7:15am	Breakfast and Transportation to the College			
7:20-7:35am	Mindfulness Practice Overview of the Day	TBD Coordinator		Manjushri Hall 1
7:40-8:10am	Keynote 7: Awaken the Power of Nourishment: From Self-Healing to Social Transformation	Jamyang Dolma	General Keynote	Manjushri Hall 1 Thinley Choden
8:15-8:45am	Keynote 8: Enhancing Well-Being Through Regenerative Nature Education	Craig Elevitch		
8:45-7:00pm	Optional Tour- Hike to Tiger's Nest/Visits to other Spiritual sites/Paro School/ Musuem/Town			
7:30-9:00pm	Dinner @ the respective hotels			

Special Sponsor Event

Time	Programme	Who	What
2:00-3:15pm	Happy Organizations: Embracing Gross National Happiness for Transformative Business Leadership	Ha Vinh Tho	Presentation and book signing
3:15-3:45pm	Health Break		
3:45-5:00pm	Interactive workshop	Edith Favoreu	Group work on integrating GNH in their organisation
5:00-6:00pm	Meeting with special invited guest: Rinpoche or other prominent Bhutanese (Royal Family)	Jamyang Dolma	Audience, short presentation, Q&A
6:00-7:00pm	Break/Paro Town		
7:00-9:00pm	Gala Dinner with Guests and Cultural Show		

Day 6- Thursday 6 th June 2024 Theme: From Vision to Action Implementing GNHBE- Models Global Collaboration and Future Trajectories Coordinator- Sonam Lhazeen				
<ul style="list-style-type: none">GNHBE in Teacher training, schools, and at policy levelOperationalising GNH in Education - Insights into practical models and strategies for GNH implementationLevers for Change - Exploring catalysts for integrating GNH into educational policy and practiceClosing Keynote: "The Road Ahead for GNHBE"				
Time	Programme	Who	What	Where/ Moderator
6:30-7:45am	Breakfast and Transportation to the College			
8:10-8:25am	Mindfulness Practice Overview of the Day	TBD	All	
8:30-9:00am	Keynote 9: A Remarkable Collaboration - How the roles of parents and educational leadership can be joined in an approach for promoting and multiplying the happiness and wellbeing of children	Howard Glasser	General Keynote	Manjushri Hall 1 Karma Doma Tshering
9:05-9:35am	Keynote 10: Innovative teacher training for the future of learning and teaching	Yael (Yuli) Tamir		
9:35-10:00am-	Health Break- Courtyard			
10:00-12noon	Parallel Workshop # 4			
12:00-1:00pm-	Lunch- Centenary Gym			
1:00-3:00pm	Pathways to Happiness: The Role of GNH and Vairavana Buddhism in Education	H.E Chung Trulku in conversation with Ha Vinh		Manjushri Hall 1

		Tho		
3:00-3:30pm	Health Break- Courtyard			
3:30-4:30pm	<ul style="list-style-type: none">GNHBE in Teacher training, and schoolsOperationalising GNH in Education - Insights into practical models and strategies for GNH implementationLevers for Change - Exploring catalysts for integrating GNH into educational policy and practicePISA Happy Life IndexBuilding a research project to evaluate programmes designed to enhance socio-emotional learning and well-being in children and adolescentsHappy Schools programme	Focus person for each group to be decided	Parallel working groups	Tim Huang
4:30-5:00pm	Poster presentations of the working groups	Each group prepare a poster with the key insight and participants do a gallery walk		Centenary Gymnasium
5:00-6:00pm	Final synthesis	Ask 3 speakers to give a short concluding remark		Centenary Gymnasium
6:00-8:30pm	Closing Ceremony Presentations Gala Dinner Cultural Programme by the Royal Academy of Performing Arts, Thimphu			Centenary Gymnasium
9:00pm	Transportation to the respective hotels			

Workshop #1 Day 2 Sunday (June 2), 2:10-4:10PM						
No*	Name	Organisation	Country	Gender	Topic	Moderator
1	Ching-Chiu Lin	Simon Fraser University	Canada	F	Re-storying Community through Digital Storytelling: A Creative Approach to GNH in Education	Vy Li
	Kezang Sherab	Paro College of Education	Bhutan	M		
	Chimi Dema		Bhutan	F		
2	Ana Maria Maia Gonçalves	Universidade Catolica do Porto	Portugal	F	Advancing Conflict Resolution Education in School Curriculums for Future Generations	Pema Chopel
3	Maureen Bell	Wollongong University	Australia	F	Action planning to infuse GNH values into higher education curriculum policy and practice	Yoesel S.Choden
	Deki C Gyamtso	Paro College of Education	Bhutan	F		
4	Reshma Piramal	Social Emotional and Ethical Learning Program	India	F	Operationalising the SEE Learning® (Social Emotional and Ethical Learning) Curriculum in School Systems: The lived experience of what it means to cultivate skills for human flourishing in classrooms through 'Lojong' mind training	Ugyen Tshomo
5	Nha Thanh Nguyen	Christina Nobel Children's Foundation	Vietnam	M	Integrating Mindfulness-Based SEL into Vietnam's Education System: A Transformative Approach	Tandin Wangmo

					to Cultivating Happiness and Professional Success	
6	Hong Phuong NGUYEN	FPT University	Vietnam	F	FPT Ozen - Self-Management Course: An approach to implementing meditation in higher education	Nao Jones
7	Mousumi Boral	Satyapriya Roy College of Education	India	F	Elevate Your Productivity: Mastering the Eisenhower Matrix	Jurme Thinley
8	Zainal Abidin Sanusi	Sejahtera Centre for Sustainability and Humanity, International Islamic University	Malaysia	M	Education for sustainable development: Issues, principles and practical strategies for localisation of ESD	Karma Jigyel
Workshop #2 Day 4 Tuesday (June 4), 2:10-4:10pm						
1	Kinzang Lhendup	Paro College of Education	Bhutan	M	Teaching with joy: Cultivating a happy heart in education through the Four Immeasurable Qualities	Vy Li
	Tenzin C. Lekphel			F		
	Sonam Lhazeen			F		
	Karma Gyalley			M		
2	Fanny Walter	Centre BNB France (BNB = Bonheur National Brut in French = GNH)	France	F	Experiment Social Presencing Theatre to find solution for the paradigm shift in education	Pema Chopel
3	Russia Ha-Vinh Leuchter	Geneva University Hospital	Switzerland	F	Enhancing socio- emotional learning and wellbeing in children and adolescents.	Yoesel S.Choden
	Anne-Emmanuelle Ambresin	Lausanne University Hospital		F		
	Edith Favoreu	Geneva management school		F		
	Camille Van Klaveren	ELI for Happiness and Wellbeing		F		
4	Joel Levey	Wisdom at Work	USA	M	Developing Mindful Organizations & Leadership: Insights on Wisdom at Work for Personal and Organizational Resilience	Ugyen Tshomo
	Michelle Levey			F		
5	Tshering Eudon	Contentment Foundation	Bhutan	F	Self Management Tools for Daily Life	Tandin Wangmo
	Karma D. Tshering		Bhutan	F		
6	Owen Hicks	University of Western Australia	Australia	M	Developing higher education curriculum to ensure that GNH is central to the why, what, where, when and how of what we offer to our students	Nao Jones
7	Richard Ingram	Exeter University	UK	M	Reimagining education systems: Utilising a high leverage point approach for transformative and sustainable change	Jurme Thinley
8	Thinley Choden	Centre for Sustainability Studies	Bhutan	F	Gender-transformative Climate Literacy: Pathway to a Green and Gender-	Karma Jigyel

					Equal Future	
Workshop # 3 Day 4 Tuesday (June 4), 4:40-6:40pm						
1	Deki Choden	ELC	Bhutan	F	EduCARING at ELC: School-Level Practices for Student, Parent and Teacher Wellbeing in Bhutan	Vy Li
	Tim Huang		USA	M		
2	Russia Ha-Vinh Leuchter	Geneva University Hospital	Switzerland	F	Building a research project to evaluate programs designed to enhance socio-emotional learning and wellbeing in children and adolescents	Pema Chopel
	Anne-Emmanuelle Ambresin	Lausanne University Hospital		F		
	Siffredi Vanessa			F		
	Camille Van Klaveren	ELI for Happiness and Wellbeing		F		
3	Namgyel Wangchuk	School of Social Sciences, University of Westminster	UK	M	Global Norms in the Making: The Intersection of Education, Politics, and GNH in Bhutan's International Influence	Yoesel S Choden
4	Ximena Melissa Shakti Sanchez-Reinoso	Nurtured Heart Approach	Hawaii	F	From Refuse to Resource: Personal Transformation and the Alchemy of Composting	Ugyen Tshomo
5	Carmen Teo		Singapore	M	Collaborative Calm: Building Resilience Together in Schools with Mindfulness and Compassion	Tandin Wangmo
6	Jambay Lhamo	PCE	Bhutan	F	Cultivating Self-Compassion for Professional Growth and Well-being	Nao Jones
7	Astrid Kidde Larsen Noergaard	VIA University College	Denmark	F	Play, Wholeness, and Sustainability in Education	Jurme Thinley
	Ane Tyrrestrup			F		
8	Rama Mani		France	F	Transformative Integral Education to initiate Human Flourishing, Economic Wellbeing and Societal Happiness – across all Continents: Africa, Asia, Arab World, Americas, Europe	Karma Jigyel
	Alexander Schieffer		Germany	M		
Workshop #4 Day 6 Thursday (June 6), 10:00am-12:00 noon						
1	Aik Yang Ng	HoloTracker	Singapore	M	Reimagining assessment: Leveraging AI to make SEL explicit, adaptive and joyful. An EdTech perspective from Singapore	Vy Li
2	Helga Luger-Schreiner	MAT - Mindfulness ART based Transformation	Austria	F	Mindfulness, Self-Compassion and Creativity - an inspiring light-footed path to happiness	Pema Chopel
3	Paulina Nava Villazon	Desparadigmas	Mexico	F	Challenging the Established: From Personal	Yoesel S Choden

					Evolution to Global Revolution	
4	Michelle Taminato	CollabSoul	Brazil	F	Workshop on Fostering Systemic Vision and Collaboration in Educational Ecosystems: Innovating with Gross National Happiness (GNH) Principles	Ugyen Tshomo
5	Michael Blume	VIA University	Denmark	M	Letting Play Teach – Playful Learning in Practice	Tandin Wangmo
	Frank Townley			M		
6	Jan Vollmuth	University of Cumbria (UK)	Germany	M	In-depth exploration of the "Human School" and its "Human Education" programme - an inquiry into the well-being of children at the Shubhadra-Madan Foundation in Nepal's midhills	Nao Jones
7	Zyomara Briseida Delgado	NGO International Gnostic Movement	Mexico	F	Conscient education for humanity of the III millennium	Jurme Thinley
8	Cornelia Buldman		Germany	M	Positive Health connected with GNH and education, with cobenefits for the climate	Karma Jigyel

** Serial number is also the workshop room number. The moderator for each room will be the same person for all the four workshops.*