Keynote on - How to awaken the power of nourishment!



Jamyang Dolma
President of Academy of Himalayan Art and Children Development
Funder of Aware Couture
Funder of Green Weaving Center in Bhutan
Co-Funder of Mama Food Forest

Jamyang Dolma dedicated her life to the well-being of Mothers and children in Himalayan and other indigenous communities and developed educational programs of preservation and regeneration of the culture and nature. Currently leading an international team in research and developing regenerative food forest and wellbeing educational projects based on traditional wisdom, nature and culture biodiversity in Hawaii, Bhutan and China.

Since 2000 Dolma started to explore the relationship between food and diseases. She took training from Traditional Chinese medicine food system to western modern nutrition and scientific research fields, which supported her to establish the holistic relationship with food and nourishment. From 2012 until now Dolma has been doing philanthropy work in Tibet and Bhutan to support the wellbeing of the weavers and their children. She synchronizes her knowledge and experience into Food and Child development as part of the Art of Living system.

Prior to her involvement in art and education, Dolma had over 14 years of consulting experience with international companies and government institutions. She has an excellent understanding of International culture diversity and social development, in addition to her unique insights into various industries.