#### Resume

#### 1.Personal Details:

Name: Sangay Dorji

Address: Paro College of Education

**Position**: Associate Lecturer, Guidance and Counselling

Email: sangaydorji.pce@rub.edu.bt

**Date of Birth:** 02/05/1987

Nationality: Bhutanese

# 2. Education and Training

• B.Sc Applied Physical Science, Sherubtse College, Delhi University (2009)

- Teacher Training: Teaching Skills and Strategies, Royal University of Bhutan (2011)
- Certificate in leadership Studies, Renaissance College, UNB, Canada, RUB (2011)
- *Diploma in University Teaching*, University of New Brunswick, Canada (2012)
- *MSc Counseling*, Murdoch University, Australia (2016)
- **Diploma in Counseling**, Murdoch University, Australia (2015)
- Certificate in Counseling, Murdoch University, Australia (2015)

## 3. Work Experience

- Assistant Lecturer, Physics Department, Sherubtse College (2011 to 2014)
- *Hostel Provost (Dean)*, Sherubtse College (2011 to 2014)
- *Coordinator*, Sherubtse Student Leadership Programme (2012 to 2014)
- Part-time Counsellor, Palmerston, Western Australia (2015)
- *Part-time Carer*, Cerebral Palsy Association (2015 to 2015)
- *Student Counsellor*, Sherubtse College, (2016)
- Student Counsellor, Paro College of Education (2017 to current)
- *Counsellor Supervisor*, Bhutan Board of Certified Counsellor (2019)

# 4. Workshops/Seminar Resourced (National and international):

- Facilitated Training of Trainers (TOT) on 'Y-PEER' at Sherubtse College, 2012
- Facilitated leadership workshop for student leaders of RUB-college, 2013
- Facilitated certificate level course on 'basic counseling skills' for staff, and Students of Sherubtse College, 2016
- Facilitated leadership workshop for student leaders of schools in T/gang, 2016
  Coordinator, Workshop on 'leadership skills for new local government leaders of Eastern Bhutan', 2016
- Facilitated workshop on 'Self-Care' for NGO Counsellors in Bhutan, 2018
- Facilitated workshop on 'Basics of Counselling' for PCE Staff (2019)
- Facilitated workshop on 'Leadership Skills' for PCE Students (2019)

## **5.** Workshops/Seminars Attended (National and international):

- Presented paper on 'value of acceleration due to gravity 'g' at Kanglung,'
- Attended professional development course on 'Narrative Therapy, and Mindfulness',
  Perth, 2015 Attended workshop on 'keeping safe' for differently abled people, Perth,
  2014
- Presented Paper on 'Self Care Training' at Dhaka, 2017
- Attended National Counselling Conference, Thimphu, 2019

## 6. Leadership and Management Experience:

- Student Councilor, Ugyen Dorji High School, 2006
- House Councilor, Sherubtse College, 2008-2009
- House Councilor, National Graduate, 2010
- Hostel Provost, Sherubtse College, 2012
- Coordinator, Sherubtse Student Leadership Program, 2013
- Community Support Officer, Center for Cerebral Palsy, Australia
- Coordinator, Sherubtse Student Counseling Center, 2016
- Coordinator, Paro College Counselling Unit, 2018
- Project Manager, Happiness and Wellbeing Centre Project, 2019

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#### 7. Research works:

- 'Self-care experience of trainee counselors' published in Counselling Association of Australia Journal, 2018.
- Chapter for Book titled 'New Perspective of Development'
- Chapter for Book titled 'Mentorship'

# 8. Awards and Special Achievements:

- Australian Development Awards (2013, Secured scholarship for post grad studies)
- Australia Awards Alumini Challenge (Winner, 2017)
- Australia Awards Alumini Chllenge (Winner, 2018)
- Erasmus Plus Programme (Secured grant to establish counselling centres at nine campuese of RUB, 2018 to 2020)